CASE STUDY

A Review of Apps for Best Practice and Quali

Apps for People With Rheumatoid Arthritis to Monitor Their Disease Activity: A Review of Apps for Best Practice and Quality

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Mhealth Uhealth

Mean mobile app rating scale (MARS) ratings of included apps.

App name	MARS[a] categories										
	Engagement (5 items)		Functionality (4 items)		Aesthetics (3 items)		Information (7 items)		Subjective (4 items)		Overall MARS mean score
	Android	iOS	Android	iOS	Android	iOS	Android	iOS	Android	iOS	Android	iOS
Arthritis Power		3.60		3.13		3.33		3.58		2.25		3.41
Cliexa-RA[b]		3.20		4.00		3.83		3.42		2.38		3.61

results

Among 936 applications reviewed, only cliexa had:

- Validated disease activity calculations
- Data tracking tools
- 28 tender and swollen joint count reporting
- Remote patient monitoring