

CASE STUDY

Flagging Risky Behaviors in Adolescents beyond the traditional face-to-face assessments

Location: Banner Health, CO

Subspecialty: Adolescents' Mental Health

Number of Patients: 109

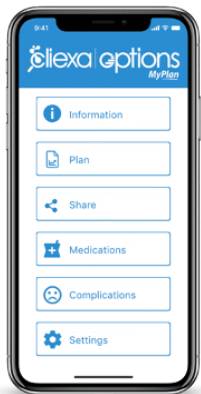
Pilot Period: 6 months

Collaborators:

Banner Health

University of Northern Colorado Applied
Psychology

National Institutes of Health (NIH)



Recommendations

High Risk Domains	Detailed Risk	Recommendations
Substance Use	High Risk Reasons: Been in trouble with law, traffic, family & school due to substance use	Referral to substance abuse specialist/program
Depression	Mild Depression Suicidal Thoughts: Several days	Support, watchful waiting and mental health review/referral Recommended course of actions: a) Emergency psychiatric evaluation b) Further evaluation of risk is necessary c) Patient might benefit from non-urgent mental health follow-up

results

Patients reported high levels of satisfaction using the app and strongly agreed with the statement, "I would use cliexa services again."

cliexa-OPTIONS facilitated detailed information about risky sexual behavior, allowing providers to tailor questions appropriately, focusing brief clinical interventions on the most pertinent information, saving time increasing care and efficiency.

<https://www.cliexa.com/wp-content/uploads/2021/07/Cliexa-Case-Study-Two-Sites.pdf>